

HOW CAN I HELP?

MAKE A SENIOR PERSONAL CARE KIT

You can help by putting together a gift bag with items for our seniors in need.



**A Complete Senior Personal Care Kit
Includes the Following Items:**

- 1 Shampoo
- 1 Conditioner
- 1 Liquid Hand Soap
- 1 Toothbrush
- 2 Toothpastes
- 1 Dental Floss
- Mouthwash
- 2 Lotions (small sizes preferred)
- 1 Lip Balm
- 4 Bars of Soap or Body Wash (1 body wash= 2 soap bars)

After assembling the care kit, please drop it off at HSP to be delivered to seniors in need!

Be Creative, Inspire Others, and Impact Your Community

Fundraise for HSP by visiting www.hsp.agency

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Humanitarian Service Project

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